

Nourish Your Mind, Body and Soul at this New B'nai Jeshurun Community Experience



Eat and engage at Mind-Full Shabbat, a new and exciting way to connect with congregants, the community and meaningful Jewish and community topics. Shabbat services are followed by a catered dinner, fine wine and interactive adult conversation with a dynamic speaker.

Friday, March 29, 2019
B'nai Jeshurun Congregation

6:00 pm Service

7:00 pm Dinner
(Dietary options available upon request)

8:00 pm Dialogue

Open to the community
Bring guests! Come for all or any part of the evening.

Dinner: \$25/person
Register by March 25



GUEST SPEAKER
JEREMY UMANSKY

Jeremy Umansky is the owner of Larder Delicatessen & Bakery, a semifinalist in the national Best New Restaurant category from the James Beard Foundation. He is the son of our members Joanne & Dan Umansky and the grandson of Phyllis & Jules Bookatz^{z"l}, longtime catering chair and past president respectively.

Jeremy started working in kitchens at age 11 and went to culinary school in New York. Before his return to Cleveland, Jeremy worked in NYC, San Francisco, and Italy. He is a farmer, wild food forager, food rights activist, chef, food writer, and zymologist.

Jeremy will share how his Jewish heritage and upbringing led him to develop Larder's concept, which includes curating his own meats and foraging.



Register online: bnaijeshurun.org/mind-full2 or
call our synagogue office: (216) 831-6555
27501 Fairmount Blvd., Pepper Pike