

Nourish Your Mind, Body and Soul at this New B'nai Jeshurun Community Experience



Eat and engage at Mind-Full Shabbat, a new and exciting way to connect with congregants, the community and meaningful Jewish and community topics. Shabbat services are followed by a catered dinner, fine wine and interactive adult conversation with a dynamic speaker.

**Friday, February 15, 2019**  
**B'nai Jeshurun Congregation**

- 6:00 pm** Service
- 7:00 pm** Dinner  
*(Dietary options available upon request)*
- 8:00 pm** Dialogue

Open to the community –  
Bring guests! Come for all or any part of the evening.

**Dinner: \$25/person**  
Register by February 10



**GUEST SPEAKER**  
**MARC JAFFE**

Marc Jaffe has been acting funny for over 30 years. After earning an MBA from the University of Michigan he became a stand-up comic in Los Angeles. Following his marriage to wife Karen, he returned to Cleveland and continued his stand-up career when he was offered a job writing for an obscure TV show called *Seinfeld*.

In 2008 his wife Karen was diagnosed with Parkinson's Disease. They used her diagnosis as fuel to be creative and formed a foundation called "Shaking With Laughter," which has raised over \$1 million to combat Parkinson's Disease through jazz and comedy.

[shakingwithlaughter.org](http://shakingwithlaughter.org)  
[www.beinmotion.org](http://www.beinmotion.org)



Register online: [bnaijeshurun.org/mind-full1](http://bnaijeshurun.org/mind-full1) or  
call our synagogue office: (216) 831-6555  
27501 Fairmount Blvd., Pepper Pike